



Friday Flyer – 9th February 2024

[Radish Catering Menu: w/c 19th February 2024 – Week 3](#)



Message from the Leadership Team

Children's Mental Health Week!

Over the last couple of weeks at Deanesfield, we have been celebrating Children's Mental Health week. Deanesfield has been working extremely hard to raise awareness about this very important topic with our children and families.



Did you know that the Place2Be launched the first ever Children's Mental Health Week in 2015 with the purpose to shine a spotlight on the importance of children and young people's mental health. We hope to encourage more people than ever to get involved and spread the word.

UNCRC Article 12 (respect for the views of the child):

You have the right to an opinion and for it to be listened to and taken seriously.

UNCRC Article 13 (freedom of expression):

You have the right to find out things and say what you think, through making art, speaking and writing, unless it breaks the rights of others.

The theme this year is 'My Voice Matters'. **My Voice Matters** is about empowering children and young people by providing them with the tools they need to express themselves. When we feel empowered, there's a positive impact on our well-being. Children who feel that their voices are heard and can make a difference have a greater sense of community and self-esteem. This year, we celebrated with our children of all ages, backgrounds and abilities to be empowered to work together to create a positive change for their mental health and well-being.

At Deanesfield, we also understand that our mental health has a direct link to our growth mindset too, a topic we explore extensively at school. With a healthy growth mindset, not only are our minds open and ready to learn, but we are also resilient and positive about our learning.

To raise awareness for Children's Mental Health Week, children in Reception up to Year 6 have taken part in workshops to explore and understand their mental health over the last couple of weeks. Here we share some of their highlights:





Enayah (2B) – I love using my mindfulness superpower to help make good decisions when I feel stressed or worried!

David (2B) – My superpower is making calm decisions when there is a situation that might make me cross!

Keira (3H) – I really enjoyed working with my friends and sharing all of our ideas!

Mason (3H) – I found it really useful finding out what I can do to help how I am feeling!

Manha (3H) – I found it really helpful to know how to calm down.

Frank (4W) – I liked that the workshop was active and we had to get into a 'Power Pose' that linked to the given situation!

Anjana (4W) – Sometimes I feel frustrated and this workshop showed me how to control those feelings!

Alayna (4W) – The games were so much fun! I loved doing the dramas and playing out different situations!

Arianna (5R) – You could relax and think about your emotions to calm down!

Yusuf (5R) – I learnt that if someone upsets you, it is a good idea to find a quiet space where you can do breathing exercises and stay calm!

Niamh (5R) – I learnt that it's fine to have emotions and that you should take some deep breaths before you do something that you might regret later!

As trusted adults, we are an important role model to our children. How we interact and connect with friends and family will influence our children and how they develop their own friendships and relationships.

Our children also observe how we stop, reflect and forgive people or say sorry when we need to.

For further guidance for families that wish discuss mental health at home, use the helpful links below:

<https://www.deanesfieldschool.org.uk/mental-health-emotional-wellbeing/>

Thank you for your continued support in raising awareness of our children's mental health!

Wishing you all a fantastic half term break!

Miss Benn & Mr Wallace



YEAR 6 – LEARNING HIGHLIGHTS

In the 'UN Convention on the Rights of a Child', Article 17 says that every child has the right to access reliable information from a variety of sources. As such, the children in Year 6 were able to do this recently by going on a trip to The Natural History Museum to find out facts for their upcoming Science topic 'Evolution'.

The children were able to investigate a giant timeline of evolution and see the stages of evolution over time. They enjoyed looking at how skulls have changed and saw some of the first humans 'Lucy' and 'Flo'.

The children were fascinated when looking at the giant fossils of prehistoric creatures and they also enjoyed finding out about Mary Anning and recapping their learning about her from Year 3.

Ayana (6F) – I really enjoyed looking at the fossils and the extinct birds that were in the world hundreds of years ago, such as a dodo bird.

Arjun (6F) – I enjoyed looking at all the fossil and gems. I liked the fossils especially because there were fossils that were from millions of years old!

Ibrahim (6F) – I liked seeing the birds, especially the birds that are now extinct like the dodo!

Maryam (6F) – The bird section was my favourite as I saw birds I hadn't seen before. I also liked the dinosaur fossils!



Tariq (6K) – I enjoyed looking at all the bones and dinosaurs, especially the Mosasaur – the biggest sea dinosaur!

Zara (6K) – I liked learning about the different stages of evolution and looking at the skulls.

Ryan (6K) – I enjoyed looking at the gigantic fossils from the prehistoric period!



Charlie (6FC) – I enjoyed seeing the dinosaurs and watching the videos to find out more about them!

Hiromi (6FC) – The dinosaur skeletons were amazing! I enjoyed reading all the facts about them.

Will (6FC) – I enjoyed looking at all the different skeletons. There were dinosaur skeletons but also skeletons of humans from the past!



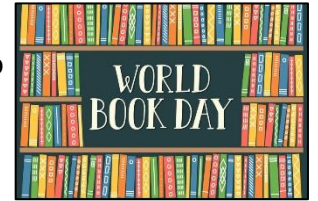
Royal Shakespeare Week & World Book Day Celebrations 2024!



SHAKESPEARE WEEK
Join our national celebration

To acknowledge this year's annual national Royal Shakespeare Week and World Book Day, we will be celebrating both events in the week beginning Monday 18th March. We will be immersing the children into lots of fun and creative activities to get the children excited about literature past and present, through reading, creative writing and exploring the joy of drama!

Our aim is to inspire our children to read for pleasure as well as to dig deeper into other elements that bring a story to life such as the setting, atmosphere, the use of effective language as well as the characters to paint a rich picture in the mind of the reader!



Dress Up for World Book Day – Tuesday 19th March

On Tuesday 19th March, we would like children to think 'outside the box' and come to school dressed up as either a character from their favourite book or to challenge themselves and come dressed up as either a favourite genre of their choice or even a 'setting' from one of their favourite books. Our children in Year 3-6 will be focusing on the abridged works of William Shakespeare and they may want to take some inspiration from the characters or settings of his plays.



Fairy Tales



Rainbow Fish



Fiction/Non-Fiction

Please do not feel pressured to buy a costume for this event as there are lots of DIY ideas online and a simple homemade prop can adapt something in your child's wardrobe -please feel free to be as creative as you like!

For example, The 'Forbidden Forest' with green, magical leaves from Harry Potter or even the 'Bumpy Sea' from Pirates Love Underpants.

'Book Swap' Arrangements

On this day we will also be holding a 'Book Swap' to bring fun and pleasure back into reading and to minimise costs to our families whilst promoting sustainability. We are asking all children, who would like to take part, to bring into school a 'used – but in very good condition' book from home that they are happy to swap with another pupil's book in their year group. Children will take home their nearly new book to enjoy (please note this is a permanent swap)



We look forward to seeing all the fun creations and imagination flowing through our school gates on Tuesday 19th March!

Spring Term Pupil Progress Meetings

It was wonderful to see all our parents and carers who were able to come into school to meet with their child's class teacher this week during our pupil progress meetings for this term. It was a great opportunity to share your child's successes and targets with you and we hope you found them to be supportive and reassuring.

We would also like to thank you for completing our Parent Survey and as always, value any feedback that has been given in helping with future arrangements.

If you were unable to attend, please be reassured that your child's class teacher will make contact with you before the end of the Spring term.



Royal Academy of Arts Competition

We would like to make you aware of an exciting competition put on by the Royal Academy of Arts. Deanesfield Primary School have signed up to allow our pupils to enter the Young Artists' Summer Show. This is a free, open submission exhibition available for students aged 4-19. Artworks are judged by a panel of artists and arts professionals, with selected artworks displayed online and onsite at the Royal Academy of Arts.

Each student can submit one original piece of artwork of any type and there is no theme. For further information on entry requirements, and to upload your child's work, please visit the Royal Academy of Arts' website and register for a free account: <https://youngartists.royalacademy.org.uk/>. **The deadline to submit the artwork is Wednesday 27th March 2024 at 5pm. Good luck and have fun getting creative!**



Years 4 – 6: Metropolitan Police Workshop for Parents and Carers

Don't forget, the Metropolitan Police will be visiting our school on **Wednesday 28th February** to give a **talk to our parents and carers of children in Years 4 – 6**. This presentation will take place in our Assembly Hall from 9:15am – 10:15am and will focus on **'Internet Safety'**, covering information about:

- Cyberbullying,
- ways to keep safe online,
- age restrictions and criminal consequences if misused,
- associated risks.



Please be advised that **this workshop is for parents / carers only**. Therefore, please ensure that alternative childcare arrangements have been made for younger siblings, including babies and toddlers, to enable all attendees the opportunity to listen and take part.

To help us with our arrangements, [please click here to express your interest](#) and book your place to attend.

We look forward to working in partnership with you in keeping our children safe online.

Reception & Year 6 – Height and Weight Checks for Children

Every year in England, children in Reception and Year 6 have their height and weight measured as part of the National Child Measurement Programme (NCMP). These checks will be taking place in School after half term, with measurements being supervised by trained school nursing staff at school in a private space away from other pupils.

Further information will be sent to you after half term so please be sure to look out for this communication from us.

Parent Governor Representatives

Following due process, we are pleased to inform you that we have filled our Parent Governor Vacancies!

Please be advised that your elected representatives are:

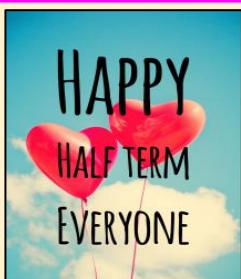
Mrs C Patel
Mrs R Pye
Mrs C Laxton
Mrs C Hall



Happy Half Term!

We hope you all have a safe and restful half term break next week.

Don't forget, **School will be closed on Monday 19th February**, and we look forward to seeing the **children return to school on Tuesday 20th February**.



UPCOMING SCHOOL EVENTS / KEY DATES FOR YOUR DIARIES

DATE	EVENT
Monday 19th February	School Closed
Thursday 22 nd February	Class 5L – Orienteering Trip to Hyde Park
Friday 23 rd February	Class 5R – Orienteering Trip to Hyde Park
Tuesday 27 th February	Class 5R – Orienteering Trip to Hyde Park
Wednesday 28 th February	Met Police Workshop for Parents – <i>Assembly Hall @ 9.15am – 10.15am</i>
Wed 28th Feb – Fri 1st Mar	Year 4 Residential Visit to Ufton Court
Friday 1 st March	Class 2W – Visit to The Woodlands Centre, Ruislip Lido
Tuesday 5 th March	Class 1AM – Visit to the Natural History Museum
Thursday 7 th March	Class 3B – Visit to the British Museum
Friday 8 th March	Class 1M – Visit to the Natural History Museum
Mon 11th – Fri 15th March	Whole School – Science Week
Monday 11 th March	Class 3B – Visit to the British Museum
Tuesday 12 th March	Class 4EV – Visit to the Portrait and National Gallery
13 th - 14 th March	Reception and Year 6 – Height and Weight Checks
Thursday 14 th March	Class 1C – Visit to the Natural History Museum
Friday 15 th March	Class 2W – Visit to The Woodlands Centre, Ruislip Lido
	Class 3KB – Visit to the British Museum
Mon 18th – 22nd March	Whole School – Royal Shakespeare Week & World Book Week
	Final Sessions for Spring Term Activity Clubs
Tuesday 19 th March	Dress-up for World Book Day
Wednesday 20 th March	Class 4F – Visit to the Portrait and National Gallery
Thursday 21 st March	Class 4W – Visit to the Portrait and National Gallery
Friday 22 nd March	Class 2K – Visit to The Woodlands Centre, Ruislip Lido
Monday 25 th March	Year 1 – Walk to the Park
Wednesday 27 th March	Pupil Progress Day (Year 6 only)
	Nursery – Last Day of Spring Term
Thursday 28 th March	End of Spring Term (1pm)