LUNCHTIME CO®

WEEK 1 MENU

WEEKS: 02/11, 23/11, 14/12, 18/01, 8/02, 8/03

HALAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Minty crispy topped Cottage Pie served with seasonal vegetables	Greek Style Chicken Shawarma in a pitta bread served with warm cous cous (G) (W) (MK) (SO) (SU)	Roast Turkey served with roast potatoes, carrots, broccoli, Yorkshire pudding and gravy (G) (W) (E) (MK)	Lamb Lasagna with Garlic bread & roasted vegetables (G) (W) (MK) (SO) (E) (MU)	Fish Fingers or salmon fish fingers served with chips, garden peas or baked beans & ketchup (G) (W) (F)
MEAT FREE	Shepherdess pie with Roasted Vegetables	Greek Style Vegetable Shawarma in a pitta bread served with warm cous cous (G) (W) (MK) (SO) (SU)	Cheese & Potato Pie served with Yorkshire pudding, carrots, broccoli and gravy (G) (W) (E) (MK)	Vegetable Lasagna served with Garlic bread & seasonal vegetables (G) (W) (MK) (SO) (E) (MU)	Vegetable Nuggets served with chips, garden peas or baked beans & ketchup (G) (W)
PASTA & JACKETS	Pasta twists with cheddar cheese sauce served with fresh salad (G) (W) (MU) (SO) (MK)	Jacket potato with choice of toppings served with fresh salad (MK) (F) (E)	Pasta twists with homemade tomato and vegetable sauce served with fresh salad (G) (W) (MU) (SO)	Jacket potato with choice of toppings served with fresh salad (MK) (F) (E)	Pasta twists with pesto served with fresh salad (G) (W) (MU) (SO)
LUNCHTIME LUNCHBOX	Cheese, Mayo & Spring Onion Baguette served with fresh salad from the salad bar (G) (W) (E) (MK) (SE)	BBQ Chicken Wrap served with fresh salad from the salad bar (G) (W) (SO) (C)	Tuna Mayo & Sweetcorn Sandwich served with fresh salad from the salad bar (G) (W) (E) (SO) (SE) (F)	Sweet Chilli Chicken baguette served with fresh salad from the salad bar (G) (W) (SE)	Cheese & Coleslaw Wrap served with fresh salad from the salad bar (G) (W) (E) (MK)
DESSERTS	Choose One of Our Fabulous Desserts Apple & berry crumble Fruity jelly Fresh fruit pot (G) (W)	Choose One of Our Fabulous Desserts Jam & coconut sponge Fruity jelly Fresh fruit pot (G) (W) (E)	Choose One of Our Fabulous Desserts Oat & raisin cookie Fruity jelly Fresh fruit pot (G) (W)	Choose One of Our Fabulous Desserts Caramel & bananas mousse Fruit yogurt & coulis Fresh fruit pot (MK)	Choose One of Our Fabulous Desserts Chocolate shortbread Fruity jelly Fresh fruit pot (G) (W)

Allergen symbols are provided as guide only and daily allergen information is available via the school kitchen

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Making lunchtime the highlight of your day

LUNCHTIME CO®

WEEK 2 MENU

WEEKS: 09/11, 30/11, 4/01, 25/01, 22/02, 15/03

HALAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork Sausage & Mash with melody of vegetables (G) (W) (MK) (SU) (SO	Lamb Meatballs served with pilau rice, & vegetables (G) (W) (SO) (MK)	Roast Chicken served with roast potatoes, Yorkshire pudding, carrots, cauliflower and gravy (G) (W) (E) (MK)	Beef Burrito served with seasonal vegetables (G) (W) (MK)	Breaded Fish Fingers served with chips, garden peas or baked beans & ketchup (G) (W) (F)
MEAT FREE	Quorn Sausage & Mash with melody of vegetables (G) (W) (MK)	Vegetable Kebabs served with pilau rice, mint yoghurt & vegetables (MK)	Roast Vegetable Wellington served with roast potatoes, Yorkshire pudding, carrots, cauliflower and gravy (G) (W) (E) (MK)	Macaroni Cheese served with wholemeal garlic & herb bread, seasonal vegetables (G) (W) (MU) (SO) (MK) (SE)	Cheese, onion & mixed Pepper roll served with chips, garden peas or baked beans & ketchup (G) (W) (MK) (MU)
PASTA & JACKETS	Pasta twists with cheddar cheese sauce served with fresh salad (G) (W) (MU) (SO) (MK)	Jacket potato with choice of toppings served with fresh salad (MK) (F) (E)	Pasta twists with homemade tomato and vegetable sauce served with fresh salad (G) (W) (MU) (SO)	Jacket potato with choice of toppings served with fresh salad (MK) (F) (E)	Pasta twists with pesto served with fresh salad (G) (W) (MU) (SO)
LUNCHTIME LUNCHBOX	Cheese, Mayo & Spring Onion Baguette served with fresh salad from the salad bar (G) (W) (E) (MK) (SE)	BBQ Chicken Wrap served with fresh salad from the salad bar (G) (W) (SO) (C)	Tuna Mayo & Sweetcorn Sandwich served with fresh salad from the salad bar (G) (W) (E) (SO) (SE) (F)	Sweet Chilli Chicken baguette served with fresh salad from the salad bar (G) (W) (SE)	Cheese & Coleslaw Wrap served with fresh salad from the salad bar (G) (W) (E) (MK)
DESSERTS	Choose One of Our Fabulous Desserts Strawberry mousse with Mixed Berry compote Fruity jelly Fresh fruit pot (MK)	Choose One of Our Fabulous Desserts Jam roly poly Fruit yogurt & coulis Fresh fruit pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Sticky pineapple Cake Fruity jelly Fresh fruit pot (G) (W) (E)	Choose One of Our Fabulous Desserts Lemon Cake Fruit yogurt & coulis Fresh fruit pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Chocolate Brownie Fruity jelly Fresh fruit pot (G) (W) (E)

Allergen symbols are provided as guide only and daily allergen information is available via the school kitchen

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Making lunchtime the highlight of your day

LUNCHTIME CO®

WEEK 3 MENU

WEEKS: 16/11, 7/12, 11/01, 01/02, 01/03, 22/03

HALAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Lamb Bolognese served with spaghetti, wholemeal garlic & herb bread, seasonal vegetables (G) (W) (MU) (SO) (MK) (SE)	Tandoori marinated chicken thigh served with rice & beans, naan bread (G) (W) (MK)	Roast Beef served with roast potatoes, carrots, cabbage, Yorkshire pudding and gravy (G) (W) (E) (MK)	Chicken Wholemeal Pizza served with baked potato wedges, peas & sweetcorn (G) (W) (E) (MK) (SO)	Breaded Fish Fillet served with chips, garden peas or Baked beans & ketchup (G) (W) (F)
MEAT FREE	Vegetable Bolognese served with spaghetti, wholemeal garlic & herb bread, seasonal vegetables (G) (W) (MU) (SO) (MK) (SE)	Tandoori marinated vegetables served with rice & beans, naan bread (G) (W) (MK)	Quorn Sausage Roast served with roast potatoes, carrots, cabbage, Yorkshire pudding and gravy (G) (W) (E) (MK)	Traffic Light (sweet pepper) whole meal pizza served with baked potato wedges, peas & sweetcorn (G) (W) (E) (MK) (SO)	Vegetable Fingers served with chips, garden peas or baked beans & ketchup (G) (W)
PASTA & JACKETS	Pasta twists with cheddar cheese sauce served with fresh salad (G) (W) (MU) (SO) (MK)	Jacket potato with choice of toppings served with fresh salad (MK) (F) (E)	Pasta twists with homemade tomato and vegetable sauce served with fresh salad (G) (W) (MU) (SO)	Jacket potato with choice of toppings served with fresh salad (MK) (F) (E)	Pasta twists with pesto served with fresh salad (G) (W) (MU) (SO)
LUNCHTIME LUNCHBOX	Cheese, Mayo & Spring Onion Baguette served with fresh salad from the salad bar (G) (W) (E) (MK) (SE)	BBQ Chicken Wrap served with fresh salad from the salad bar (G) (W) (SO) (C)	Tuna Mayo & Sweetcorn Sandwich served with fresh salad from the salad bar (G) (W) (E) (SO) (SE) (F)	Sweet Chilli Chicken baguette served with fresh salad from the salad bar (G) (W) (SE)	Cheese & Coleslaw Wrap served with fresh salad from the salad bar (G) (W) (E) (MK)
DESSERTS	Choose One of Our Fabulous Desserts Sprinkle cookie Fruity jelly Fresh fruit pot (G) (W)	Choose One of Our Fabulous Desserts Syrup Sponge Fruit yogurt & coulis Fresh fruit pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Chocolate mousse with orange wedge Fruity jelly Fresh fruit pot (MK)	Choose One of Our Fabulous Desserts Carrot Cake Fruit yogurt & coulis Fresh fruit pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Victoria Sponge Fruity jelly Fresh fruit pot (G) (W) (E)

Allergen symbols are provided as guide only and daily allergen information is available via the school kitchen

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Making lunchtime the highlight of your day