

## **WEEK 1 MENU**

WEEKS: 21/04, 12/05, 09/06. 30/06, 21/07, 01,09, 22/09, 13/10





**TUESDAY** 

### STREET FEAST

## MAIN MEAL

Beef bolognese pasta served with garlic & herb bread, mixed vegetables (G) (W) (MU) (SO) (MK) (SE)

MONDAY

Chicken curry served with turmeric rice, naan bread finger & mixed vegetables (G) (W) (MK) Roast Turkey served with roast potatoes, carrots, cabbage and gravy

WEDNESDAY

Meat feast wholemeal
pizza
served with baked potato
wedges, peas &
sweetcorn
(G) (W) (E) (MK) (SO)

**THURSDAY** 

Fish fingers or salmon fish fingers served with chips, garden peas or baked beans & ketchup (G) (W) (F)

**FRIDAY** 

## MEAT FREE

Vegetable bolognese served with spaghetti, garlic & herb bread, seasonal vegetables (G) (W) (MU) (SO) (MK) (SE)

Lentil dahl served with turmeric rice, naan bread finger & mixed vegetables (G) (W) (MK) Creamy leek Wellington served with roast potatoes, carrots, cabbage and gravy (G) (W) (MK) (E) Margherita wholemeal pizza served with baked potato wedges, peas & sweetcorn (G) (W) (E) (MK) (SO)

Vegan Quorn sausage served with chips, garden peas or baked beans & ketchup (G) (W)

# PASTA & JACKETS

Pasta twists with homemade tomato and vegetable sauce served with fresh salad (G) (W) (MU) (SO) Jacket potato with choice of toppings served with fresh Salad (MK) (F) (E) Pasta twists with cheddar cheese Sauce served with fresh salad (G) (W) (MU) (SO) (MK) Jacket potato with choice of toppings served with fresh Salad (MK) (F) (E) Pasta twists with Pesto served with fresh salad (G) (W) (MU) (SO)

## LUNCHTIME LUNCHBOX

BBQ chicken wrap served with fresh salad from the salad bar (G) (W) (SO) (C)

Cheese, mayo & spring onion baguette served with fresh salad from the salad bar (G) (W) (E) (MK) (SE) Tuna mayo & sweetcorn sandwich served with fresh salad from the salad bar (G) (W) (E) (SO) (SE) (F) Sweet chilli chicken baguette served with fresh salad from the salad bar (G) (W) (SE) Cheese & coleslaw wrap served with fresh salad from the salad bar (G) (W) (E) (MK)

## **DESSERTS**

Choose one of our fabulous desserts: raisin cookie, fruity jelly, fresh fruit pot (G) (W) Choose one of our fabulous
desserts:
apple & summer berry
crumble,
fruit yogurt & coulis,
fresh fruit pot
(G) (W) (MK)

Choose one of our fabulous desserts: peach & vanilla sponge, fruity jelly, fresh fruit pot (G) (W) (E) Choose one of our fabulous desserts: vanilla ice cream & fruit sauce, fruit yogurt & coulis, fresh fruit pot (MK) Choose one of our fabulous desserts: chocolate brownie, fruity jelly, fresh fruit pot (G) (W) (E)

Allergen symbols are provided as guide only and daily allergen information is available via the school kitchen



fruity jelly, fresh fruit pot

(G) (W)

## **WEEK 2 MENU**

WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10



fresh fruit pot

 $(G)(W)(\bar{E})$ 



## STREET FEAST

fruit yogurt & coulis,

fresh fruit pot

(MK)

### MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** Spanish-style chicken pasta Roast Beef Lamb mince chili wrap Breaded fish fillet Pad Thai-style chicken bake served with chips. served with noodles and served with roast served with savoury MAIN served with wholemeal garden peas or baked vegetable rice & salad stir-fried seasonal potatoes, Yorkshire MEAL garlic & herb bread, beans & ketchup vegetables puddings, carrots, (G) (W) (MK) seasonal vegetables (G) (W) (F) (G) (W) (SU) broccoli and gravy (G) (W) (MU) (SO) (MK) (G) (W) (E) (MK) (SE) Traditional macaroni Veggie mince chili Vegetable nuggets Green Thai vegetable Quorn sausage cheese wrap served with served with roast served with chips. curry MEAT served with wholemeal garden peas or baked savoury vegetable rice potatoes, carrots, served with noodles FREE garlic & herb bread. & salad beans & ketchup broccoli and gravy and stir-fried greens seasonal vegetables (G) (W) (MK) (G) (W) (G)(W)(G) (W) (MU) (SO) (MK) (G) (W) (SU) (MK) (SE) Pasta twists with Jacket potato with Pasta twists with Jacket potato with Pasta twists with choice of toppings homemade tomato and choice of toppings cheddar cheese Sauce Pesto served with PASTA & JACKETS served with fresh vegetable sauce served with fresh served with fresh salad fresh salad served with fresh salad Salad (G) (W) (MU) (SO) (MK) Salad (G) (W) (MU) (SO) (G) (W) (MU) (SO) (MK) (F) (E) (MK) (F) (E) BBQ chicken wrap Cheese, mayo & spring Tuna mayo & sweetcorn Sweet chilli chicken Cheese & coleslaw wrap served with fresh onion baguette served sandwich served with baguette served with fresh salad LUNCHTIME LUNCHBOX salad from the salad with fresh salad from fresh salad from the served with fresh salad from the salad bar bar salad bar (G) (W) (E) (MK) the salad bar from the salad bar (G) (W) (SO) (C) (G) (W) (E) (MK) (SE) (G) (W) (E) (SO) (SE) (F) (G) (W) (SE) Choose one of our fabulous Choose one of our Choose one of our Choose one of our fabulous Choose one of our desserts: fabulous desserts: sticky fabulous desserts: desserts: fabulous desserts: chocolate shortbread & vanilla ice cream & fruit toffee apple cake. banana cake & custard. lemon drizzle cake. orange wedge. sauce. **DESSERTS** fruit yogurt & coulis, fruity jelly, fruity jelly,

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Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

fresh fruit pot

(G) (W) (E) (MK)

fresh fruit pot

(G) (W) (E) (MK)



## **WEEK 3 MENU**

WEEKS: 05/05, 02/06, 23/06, 14/07, 15/09,06/10





**TUESDAY** 

### STREET FEAST

**THURSDAY** 

## MAIN MEAL

Homemade Lamb Mince lasagne served with wholemeal garlic & herb bread, mixed vegetables or salad

MONDAY

(G) (W) (SO) (MU) (E) (SE) (MK)

Jerk chicken thigh served with rice & beans, seasonal vegetable (MU) (SU)

Roast Chicken served with potatoes, Yorkshire pudding, carrots, broccoli & gravy (G) (W) (E) (MK)

WEDNESDAY

Baked sausage roll served with crispy cubed potatoes & baked beans or fresh Salad (G) (W) (SU) Fish fingers served with chips, garden peas or baked beans & ketchup (G) (W) (F)

**FRIDAY** 

## MEAT FREE

Vegetable lasagne served with wholemeal garlic & herb bread, mixed vegetables or salad (G) (W) (SO) (MU) (E) (SE) (MK)

BBQ lentil, chickpea & vegetable stew served with rice & beans, seasonal vegetable (G) (W) (SO) (C)

Roast vegetable & beans pie served with potatoes, carrots & broccoli (G) (W) (E)

Vegan sausage roll served with crispy cubed potatoes & baked beans or fresh Salad (G) (W) (SO) (MK) Cheese, onion & pepper roll served with chips, garden peas or baked beans & ketchup (G) (W) (MK) (MU)

# PASTA & JACKETS

Pasta twists with homemade tomato and vegetable sauce served with fresh salad (G) (W) (MU) (SO) Jacket potato with choice of toppings served with fresh Salad (MK) (F) (E) Pasta twists with cheddar cheese Sauce served with fresh salad (G) (W) (MU) (SO) (MK) Jacket potato with choice of toppings served with fresh Salad (MK) (F) (E) Pasta twists with Pesto served with fresh salad (G) (W) (MU) (SO)

## LUNCHTIME LUNCHBOX

BBQ chicken wrap served with fresh salad from the salad bar (G) (W) (SO) (C)

Cheese, mayo & spring onion baguette served with fresh salad from the salad bar (G) (W) (E) (MK) (SE) Tuna mayo & sweetcorn sandwich served with fresh salad from the salad bar

(G) (W) (E) (SO) (SE) (F)

Sweet chilli chicken baguette served with fresh salad from the salad bar (G) (W) (SE) Cheese & coleslaw wrap served with fresh salad from the salad bar (G) (W) (E) (MK)

## **DESSERTS**

Choose one of our fabulous desserts: chocolate sponge, fruity jelly, fresh fruit pot (G) (W) (E) Choose one of our fabulous desserts: mixed berry cake, fruit yogurt & coulis, fresh fruit pot (G) (W) (E) (MK) Choose one of our fabulous desserts: fruit flapjack, fruit yogurt & coulis, fresh fruit pot (G) (W) (MK) Choose one of our fabulous desserts: vanilla ice cream & fruit sauce, fruit yogurt & coulis, fresh fruit pot

(MK)

Choose one of our fabulous desserts: jaffa-style sponge, fruity jelly, fresh fruit pot (G) (W) (E) (MK)

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