



contact

*For families  
with disabled children*

## DO YOU CARE FOR A YOUNG CHILD WITH ADDITIONAL NEEDS?

COME ALONG TO OUR FREE WORKSHOPS!

**Our welcoming and informative sessions cover a  
range of topics, including:**

Toilet training | Anxiety | Early years education  
Speech & Language | Handling meetings  
Encouraging positive behaviour

Our free virtual workshops provide additional support for families who may be struggling during this crisis. They take place via Zoom.

For our full Summer schedule, including how to book, please see overleaf.

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Contact is a trading name of Contact a Family. Charity registered in England and Wales (284912) and Scotland (SC039169).

# WORKSHOP PROGRAMME

## EARLY YEAR'S EDUCATION

Wednesday 13 October 7:30 – 9:30 pm [Register on eventbrite](#)

Tuesday 9 November 10 am – 12 pm [Register on eventbrite](#)

## SPEECH & LANGUAGE

Suitable for parents of young children (aged 0-5)

Thursday 21 October 10 am – 12 pm [Register on eventbrite](#)

Tuesday 16 November 6 – 8 pm [Register on eventbrite](#)

Wednesday 1 December 10 am – 12 pm [Register on eventbrite](#)

## HANDLING MEETINGS

Wednesday 3 November 7.30 – 9.30 pm [Register on eventbrite](#)

## ENCOURAGING POSITIVE BEHAVIOUR

Wednesday 3 November 10 am – 12 pm [Register on eventbrite](#)

Wednesday 11 November 7.30 – 9.30 pm [Register on eventbrite](#)

## SUPPORT FOR CHILDREN WITH ANXIETY –NEW!

Thursday 18 November 10 am – 12 pm [Register on eventbrite](#)

Tuesday 23 November 10 am – 12 pm [Register on eventbrite](#)

## TOILET TRAINING (AGE 0 TO 5) –NEW!

Tuesday 23 November 6.30 – 8.30 pm [Register on eventbrite](#)

Thursday 2 December 10 am – 12 pm [Register on eventbrite](#)